

This is Ms. Susan from the Shorewood Public Library. Let's make art and share some kindness this week. Sometimes our life gets so busy we forget to take time for the calming nature of creating. We are going to make a "Kindness Clipboard" that we can use to remind ourselves to be better or help someone else to feel better. Small acts of kindness and caring words can brighten someone's day, and encourage feelings of happiness that will help them move on to a better place.



1-Cut a piece of cardboard from an empty box of cereal, pizza or shipping. A good size would be about the same as a piece of paper, 8 1/2 by 11 inches. Take colored strips of paper, pages from a magazine, or even newspaper and adhere them to the cardboard. Use a mixture of white, washable glue and a bit of water. Put the glue on the cardboard, lay the paper strips down and then cover with more glue. Let this dry completely. Decorate with yarn, string, pictures, or stickers. Add a clip on the top. The clip could be a paperclip, a metal clip, or even a clothespin. Tie on a string if you would like to hang your clipboard of kindness.

2-Using cardstock or plain paper, create notes of kindness that you would like to share with others to brighten their day. Clip it to the board and give your family or friends kindness from your heart.

Remember, there's no such thing as a small act of kindness!

-Ms. Susan